

# MEALTIME EXPERIENCE

Soon you'll be able to experience  
A new way of learning at work with  
Forget Me Not®

Forget Me Not® offers five-minute coaching sessions most workdays. We'll focus on optimising the mealtime experience for persons living with dementia.

Each five-minute learning session will give you tips on how to improve the mealtime experience and support older Australians. You'll learn all about using a person-centred approach to promoting autonomy and empowerment during mealtime.

Join this learning opportunity to create an ideal mealtime environment for persons living with dementia in our care.

